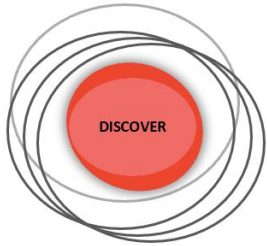


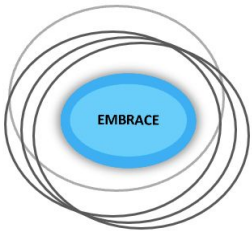
The Authentic Leader's Roadmap



Discover those elements that make you 'You'. Including your strengths, values and challenges. Identify those helpful and unhelpful habits of Thinking, responding and reacting that you've embedded over time.



Get clear on how you want to show up. What sort of leader and human do you aspire to be?
How do you want to impact the world? What do you already have in place and what needs some work?



Embrace your human-ness! Learn how to live with your vulnerabilities, Imperfections and fears without allowing them to hold you back.



Discover and personalise practices that help you to show up as your best self: self-compassion, self-awareness, self-belief, self-confidence, self-care, mindfulness, balance and relaxation.



Stand on your own sacred ground! This is not the end of your leadership journey but your sacred ground is a great place to lead from. On your own sacred ground you draw on courage, clear boundaries and emotional intelligence to show up consistently as the best human and leader you can be. You have deeper self awareness and a toolkit of practices, and strategies to help you successfully navigate life.

